

ELKSTONE NEWSLETTER



Phew! More ice in my drink, please. By the time this newsletter reaches you, hopefully the weather will have cooled by a few degrees. How are things in your garden? A big success for us has been our pond, which attracts different kinds of birds seeking to bathe and cool off. It's a delight to watch. But local deer are getting at our roses again (we're watching you!), and we are almost certainly doing something wrong with our small vegetable plot this year. The August issue is a bit light on the village news front, so hoping next month you'll all be back from holiday and ready to share a story or two.

Jenny, editor@elkstonevillage.com

Deadline for next newsletter: 20th August 2021

Features

- Elkstone Parish Church Services
- Cuppa and Chinwag
- Relaxation Classes
- Thank you from Nic Williamson
- News from Gloucestershire Hospitals NHS Foundation Trust
- Be a 'World Wild Hero' with Gloucestershire Libraries
- Could you be a Community Flood Warden?
- Monthly Quiz

Regular Village Hall Activities

Indoor Bowls	Every Tuesday, 7.30pm	Ronnie Bury – 870493 or Martyn Wylie – 870441
Art Club	Every Thursday, 9am-1pm	Penny Casewell – 03330 119663
Relaxation Classes	Fortnightly Friday, 6pm-7pm (6 th and 20 th August)	Alison Fernandes – info@alisonfernandes.co.uk

Other Dates for your Diary

Cuppa and Chinwag	Thursday 5 th August, 7pm-8pm	Graham Hopkins – 07931 124165
-------------------	--	----------------------------------

Waste & Recycling

Waste & Recycling	Food Waste	Every Tuesday
Waste & Recycling	All bags, bins and boxes	Tuesday 10 th and 24 th August

Elkstone Parish Church Services

Service times this month are as follows:

Sunday 1st August – 11am Morning Worship with Mark Venn

Sunday 8th August – 10am Morning Prayer with Ruth Edy

Sunday 15th August – 11am Holy Communion with Revd David Minns

Cuppa and Chinwag

At the July Cuppa and Chinwag, we took advantage of favourable weather and decided to meet up for the first time in person rather than online. And what a success it proved to be, with people enjoying an outdoors catch-up in Graham and Jenny's garden. To keep us all safe, everyone brought their own refreshment and kept a reasonable personal space distance. It was particularly nice to welcome new faces who have not taken part in the monthly Cuppa Chinwag online but were keen to come along for this first in-person get together. The next Cuppa and Chinwag is on Thursday 5th August, 7pm-8pm, and provided everyone still feels okay with this new format, Anne and Jeremy Davies have kindly offered to host in their garden at Manor Farm Cottage. Please let us know in advance if you plan to come along. The Covid situation makes nothing certain.

Graham Hopkins – 07931 124165

Relaxation Classes at the Village Hall

Under current Covid guidelines, there is no longer a need to pre-book your attendance at relaxation classes taking place on alternate Fridays at 6pm-7pm. The classes in August are being held on 6th and 20th August and please feel free just to come along. Wearing of a face mask is discretionary, but I will be asking people to continue to use hand sanitiser and to be considerate of personal space.

Alison Fernandes – Email: info@alisonfernandes.co.uk

Thank you

I had a bad accident on my tractor at the weekend of 10th July. Special thanks go to Jenny, Graham, Jess and Lucy who rescued me.

Thank you also to those who attended our house alarm going off (twice) on Sunday 18th July. I was able to get to most people and thank them personally but could not raise the Deerings. Possibly, others attended as well. Thank you anyway.

Nic Williamson - 01242 870000

News from Gloucestershire Hospitals NHS Foundation Trust

A display at Elkstone Open Gardens, featuring the Memorial Gardens that have been installed at both our hospital sites attracted interest and questions about my role as a governor. The governor role is both challenging and rewarding and an opportunity to contribute toward a better future for the trust as it continues its journey to outstanding. Nominations are now open for new governors and the deadline for submissions is August 9th. You can learn more about the role, and about the trust, from our CEO, Lead Governor and Trust Chairman on the trust website at <https://www.gloshospitals.nhs.uk/about-us/governors/become-governor/>

As a part of improving patient care the trust is proposing to offer a new prehabilitation service for cancer patients which will provide exercise, nutrition, and psychological support to people while they are preparing for cancer treatments. If you have been treated for cancer within the trust, in particular lung, colorectal, upper gastrointestinal, or gynaecological cancers, you are invited to share your experiences of care and offer suggestions for how best the trust can provide this additional support. If you can help, please send your thoughts to ghn-tr.comms@nhs.net or by sending a direct message on Facebook or Twitter. Research is important in the trust, and GHNHSFT has been chosen to take part in a new NHS England pilot programme that detects risk of oesophageal disease. This is often diagnosed late, is the sixth most common cause of cancer deaths in the UK, with only 15% of patients surviving five years after diagnosis.

Cheltenham A and E has now returned to its pre-pandemic opening hours A&E following the temporary response to the pandemic whereby the focus of emergency and urgent care services was predominantly at GRH.

Anne Davies (Public Elected Governor for Cotswolds, Gloucestershire Hospitals NHS Foundation Trust)
Email: anne.davies11@nhs.net

Be a 'Wild World Hero' with Gloucestershire Libraries

Gloucestershire Libraries are inviting children to celebrate books, nature and the environment in this year's Summer Reading Challenge.

The national event, led by the Reading Agency, runs throughout August and continues until Friday 10th September. Children are invited to borrow at least six books over three visits and are offered rewards and opportunities to get involved with other events and activities.

This year's theme is 'Wild World Heroes', which aims to inspire families and children to enjoy reading, as well as get outside to visit their local nature reserves and wildlife parks. As well as borrowing books, children can take away the popular makeaway packs, which include crafty bits and pieces, plus instructions for families to make their own nature-inspired crafts at home. More information is available from local libraries.

Could you be a community flood warden for the Cotswolds?

Cotswold District Council is launching a new flood warden scheme with the help of Gloucestershire Rural Community Council (GRCC). The scheme will involve recruiting and training volunteer flood

wardens from across the district and provide information and advice to householders on flood precautions. If you are interested in volunteering, contact the Cotswold District Council on 01285 623000 for more information.

The Month of August Quiz

Answers at the bottom of the page. Good luck!

1. Which astrological star sign covers 23rd July to 22nd August?
2. The first set of electric(?) appeared on the streets of London on 3rd August 1926
3. The Scottish discoverer of penicillin was born on 6th August 1881. Who was he?
4. What made news headlines on 8th August 1963?
5. 'The Glorious Twelfth' of August denotes the beginning of the shooting season of which game bird?
6. Which country gained its independence from British rule on 15th August 1947?
7. On 22nd August 1485, he was the last English king to die in battle, killed at Bosworth Field. Who was he?
8. Born on 30th August 1797, which author wrote the novel Frankenstein?
9. Established in 1966 and held over the August Bank Holiday weekend, this large street carnival is held in which area of London?
10. This popular fizzy drink was sold in Britain for the first time on 31st August 1900. Can you name it?

Quiz answers: 1. Leo; 2. Traffic lights; 3. Sir Alexander Fleming; 4. The Great Train Robbery; 5. Grouse; 6. India; 7. Richard III; 8. Mary Shelley; 9. Notting Hill; 10. Coca Cola.