

# ELKSTONE NEWSLETTER

Editor's Bumbings...

Hello,

It's another bumper newsletter, lots about Elkstone open Garden Day, there are a few requests for donations & help to make roaring success. I will keep this brief so we can squeeze all the info in, have a marvellous May, hopefully with more glorious sunshine. Laure, editor@elkstonevillage.com Deadline for next Newsletter, 20<sup>th</sup> May

## Features

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 Girl Guiding Afternoon Tea  
 Elkstone Gardens Open Day Poster

## Regular Dates

Waste & Recycling	Food & Garden Waste – 10 <sup>th</sup> & 24 <sup>th</sup> May
Waste & Recycling	All Bags, Bins & Boxes – 3 <sup>rd</sup> , 17 <sup>th</sup> & 31 <sup>st</sup> May
Indoor Bowls	Every Tuesday - Village Hall – Ronnie – 870493
Art Club	Every Thursday 9am - Village Hall - Penny - 03330 119663

## Diary Dates

Parish Council AGM	Village Hall	8pm	22 <sup>nd</sup> May
Cowley Fete	Cowley	2 - 5pm	18 <sup>th</sup> May
Girl Guide Afternoon Tea	Deer Park	2 - 5 pm	2 <sup>nd</sup> June
Elkstone Open Gardens	Elkstone	2 – 6pm	9 <sup>th</sup> June
Village BBQ	Elkstone	7pm	9 <sup>th</sup> June
Colesbourne Barn Dance	Colesbourne	7pm	8 <sup>th</sup> June

## **SERVICES May 2019 in St John's, Elkstone**

5 <sup>th</sup>	11 am	Family Worship	Rev Cliff Pooley
12 <sup>th</sup>	10 am	Morning Prayer	Rev'd Arthur Champion
19 <sup>th</sup>	11 am	Holy Communion	Rev'd Arthur Champion
26 <sup>th</sup>	11 am	<b>Rendcomb Church</b>	

## **Elkstone Open Gardens 2019 - Sunday 9 June 2-6pm**

I'm sure most villagers will have this date in their diary now! If the weather is like the Easter weekend we can expect a great turnout.

Thank you to those who have already come forward to offer support. If you haven't been in touch but can spare some time in the lead up or on the day (even an hour or so to relieve others) please let me know- many hands make light work.

With this month's newsletter is an A4 poster. If you are able to put this up at work, school etc. it would be much appreciated. If you want a pdf to print off further copies let me know. Thank you for your support in helping with this event which is so important in the village calendar to raise valuable funds for both St John's Church & the Village Hall.

**David Kearney 01242 506234 dnke@btinternet.com**

## **Village Hall Teas**

With your help Elkstone Village hall will become a tea room for the Open Gardens on Sunday June 9th. In previous years we have served beautiful home-made cakes, biscuits, cup cakes etc. We have also sold preserves & fudge. The villagers are always extremely generous in their donations for our stall & because of this the tea room makes a significant contribution to the overall total for the day. Hopefully once again we will have this support. We also need volunteers to work in the kitchen serving tea, coffee & cakes. It is a most enjoyable afternoon & visitors to the village are most complimentary on their time both in the tea room & in the village. For more information contact;

**Jennie Howlett 01242 870462 or ejenniehewlett@gmail.com**

## **Plant Stall – your help is needed**

The plant Stall is always a major attraction for visitors to the Open Day looking for bargains or unusual specimens. So if you are dividing your perennials, pot up some for sale, & if you have excess vegetable or annual flowering seedlings when you are pricking out then pot these on for the Plant Stall. Bear in mind that visitors particularly like to buy plants that are looking at their best in the gardens which are on view. So cuttings or divisions of these would be most welcome.

## **Bottle Tombola & Book Stall - APPEAL FOR DONATIONS**

We will once again be running a bottle tombola & a book stall at the village Open Gardens so all donations of bottles & books would be gratefully received. Bottles could include spirits, wine, bottled beers & ciders, but also bottled soft drinks & toiletries. The book stall was very popular both with adults & children last year, so hopefully we will have a good stock of books again this year.

Please deliver all donations to Briars Cottage from week commencing 27th May, or if preferred, we could collect.

**Sue & David Collins 01242 870373**

## NEWS FROM THE TRUST

This month sees the start of our new planning year & much is going on as we start to work in earnest with our partners in the Integrated Care System (ICS) to build the vision of a 'One Gloucestershire Way'. In this we were reassured that the 10-year Long Term Plan for the NHS is consistent with how support & services are developing locally.

The priorities for the ICS this year are improving mental health, urgent & emergency care; improving population health & a culture that fosters engagement. You can have your say by following <https://www.onegloucestershire.net/yoursay/>.

I attended a day long trust workshop recently on Building Centres of Excellence which involved governors & other patient representatives engaging in work to *co-design* these new models of care aimed at ensuring best care for everyone.

Although this is the start of the conversation, not a conclusion, & the journey will take time, I found the workshop both amazing & reassuring. At a time when reorganisation of A & E & Gastro-Intestinal (GI) surgery reconfiguration is very much local news the rationale & the hugely positive benefits to patients behind this became very clear.

What is envisaged, supported by specialities who have opinions about the environment they want for their patients, is two hospitals working together with some specialist departments concentrated in Cheltenham General & some in Gloucester Royal but with liaison between the two sites. Cheltenham will retain a 24-hour doctor led emergency service with hospital staff having access to specialist help in any emergency, but overall it will be the centre for planned care & cancer where a calm atmosphere is most inductive to patient wellbeing.

These changes will ensure that we make best use of expertise, specialist equipment & resources to enable best care for our patients. To the many patients, myself included, who have had to be 'operation ready' each day for up to a week, only to be advised that due to an emergency the operation cannot take place, to have a planned, reliable, day surgery unit that will mean that this will no longer be the case has to be a positive & welcome change. GRH will be the 'active acute site' with the vital equipment readily available for all serious emergencies. It will also house paediatrics & obstetrics.

The CQC report stated that the reconfiguration of cardiology services to GRH is a 'must do'.

If GI surgery is also moved to GRH this would mean that the two specialties that have the greatest risk & need for urgent surgical care will be where the necessary surgeons are based; this for me was a very strong argument for change.

Finally, I must add that this is only my opinion on what I have heard in my role as governor & your elected representative, but I appreciate that you may have very different & valid views.

If you have any questions, please feel free to contact me.

**Anne Davies 870516**

## Found Keys

A set of keys have been found between Rose Cottage & High Beech. They were on the main road & have a red keyring.

Please contact me if they are yours, I will contact the eagle eyed Elkstonian who spotted the keys & reunite you with them.

**Laure, [editor@elkstonevillage.com](mailto:editor@elkstonevillage.com)**

## **Elkstone Art Club**

A group of people with varying levels of experience in art are planning to meet together on Thursday mornings between 9am & 1pm in the Elkstone Village Hall. We will share our knowledge & help each other as we work on our own projects.

If you would like to join the club please come along with some art materials & join in the fun. The cost is £5 per session & includes tea/coffee.

Occasionally we hope to book a visiting artist to provide a workshop & share the additional cost between us (probably £15-20 each).

If you are interested please call **Penny Casewell** (The Old School House)

**03330 119663 or email [elkstoneartclub@outlook.com](mailto:elkstoneartclub@outlook.com)**

## **Village BBQ on 9<sup>th</sup> June**

We are now looking forward to summer & surely there is no better way to spend a warm June evening than at the Village BBQ on the village green. It will be an opportunity to relax & celebrate what we hope will have been a very successful Gardens Day.

The BBQ is open to all villagers &, of course, any friends or family who are able to come. In order for us to plan the amount of food we need to buy we need to know numbers by the end of May.

The cost will be only £5 each paid in advance please. The date is Sunday 9<sup>th</sup> June & the time 7pm.

Can you please therefore let Martyn know as soon as possible.

**Martyn Wylie (Langdale 870441 or [mgw123@btinternet.com](mailto:mgw123@btinternet.com))**

## **Elkstone Film & Supper Group - next gathering this Autumn**

Easter has certainly the Summer off in great style, during which we pause our sessions as the evening sun is so bright. Watch for news in the August newsletter, as this Autumn we'll be running Greenbook, Fisherman's Friends, & The Keeper, all of which have had excellent reviews - & do please contact us with any suggestions to add to the list.

We look forward to seeing everybody again in a few months - if you haven't been before, do give it a try, Film & Supper Nights are a great combination of social & entertainment activity!

**Regards Jeremy & Anne 870516**

## **Manure for Gardens**

Our garden won't quite be ready for this year's Open Garden Day, and possibly not even next year's, but I wondered if anyone in the village would like some manure to help with their preparations?!

We have a rather large pile of it that is ready to use according to my green-fingered mother-in-law, so if anyone would like to come & help themselves, they are welcome to do so.

There is no cost, but if anyone would like to contribute £1 or two to my kids' enterprise, that would be welcome - I am trying to teach them the value of money & different ways to earn it :) We have eggs for sale too!

**James, High Beech**

## **Dog Walking Offer**

Do you or anyone you know nearby need your dog walked at weekends?

Our family is happy to help on an ad hoc basis, anyone that perhaps is not able to get out as much as they would like, as our daughter loves dogs!

No payment needed.

**Please give Sian a call on 07985 804 782**

## **Recipe Corner**

Unfortunately my Easter recipe for Simnel Muffins last month didn't make it into the newsletter, there is always next year! With the warmer weather coming & lighter evenings, you might like to try this delicious dish.

### **Salmon Fillets with Ginger Lentils Serves 2**

150g Puy Lentils, 1 sprig of Rosemary, Olive Oil, 1 Red Onion, sliced, 2 cloves of Garlic  
1 tablespoon chopped Root Ginger, 1 teaspoon Harissa Paste, 2 Salmon Fillets

Lemon wedges

1. Pre heat the oven to 200c

Place the lentils in a pan with the sprig of Rosemary, bring to the boil & simmer for approx 15 minutes. Taste to check they are tender. Drain, remove sprig.

2. Place salmon skin side down on a baking sheet, grind black pepper over the top of the fillets. Bake in a pre heated oven for 13 minutes.

3. Sauté the onion in a pan with some olive oil until soft. Add the chopped ginger & Harissa Paste. Cook for 2 minutes. Add to the drain lentils.

4. Serve with the salmon on a bed of lentils with lemon wedges.

If you want to "get ahead", I have cooked the lentil element before hand & re heated in the microwave, works well.

**Antonia Winstanley**

## **COWLEY VILLAGE FETE**

Saturday 18<sup>th</sup> May 2 - 5 pm

IN STUNNING GROUNDS OF COWLEY MANOR HOTEL

Designated Parking

Traditional Village Fete Activities : FUN DOG SHOW (judged in 5 categories), Animal Corner, Children's Games,

Splat-the-Rat, Face-Painting.

STALLS: Cakes, Books, Vintique (vintage clothing & bric-a-brac), children s toys/books/clothes, Plants, GENUINE Home Produce, Bottle Tombola, and a SUPER RAFFLE.

REFRESHMENTS : BBQ, Licensed Bar, Cream Teas, Ice Creams

Live Music throughout with THE UKESANON UKELELE BAND

**Entrance : Adults £2 Children under 16 free**

