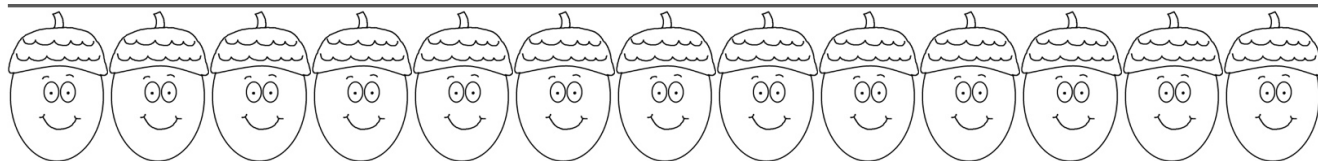


# ELKSTONE NEWSLETTER



Hello dear friends and neighbours.

September— The mellow days of Autumn, glowing like amber, redolent with apple scent, the slightly musty smell of decaying vegetation, soft, misty mornings ..... well, perhaps.

My 'September Charm' Japanese Anemones were blooming in July, my runner beans might just be ready for Christmas, and I shall have to put up a Noel holly ring very soon as the berries will be spectacular this month!

But at least I can listen to the Autumnal sounds, hedgehogs snuffling, deer stamping and bellowing across the valley and the sound of raw onion crunching at the Newent Onion Fayre, second week in September.

But, thinking about it, I might just give the raw onions a bit of a miss!

**Barbara and Kevin**

email: [editor@elkstonevillage.com](mailto:editor@elkstonevillage.com)

Deadline for the next newsletter - 20 September 2024

Regular Village Hall Activities		
Indoor Bowls	Every Tuesday, 7.30pm	Ronnie Bury – 870493 or Martyn Wylie – 870441
Art Club	Every Thursday, 9am - 1pm	Penny Casewell – 03330 119663
Yoga	Every Monday, 10.00 – 11.00am (Changing to Wednesday 10.15 – 11.15am from 18 Sept)	Emma Lowther – 07967 215569

Other dates for your diary		
Waste & Recycling	Recycling boxes, recycling bags, refuse and garden waste	Friday 6 September Friday 20 September
	Food Caddy	Every Friday in September

Elkstone Parish Church September Services		
Sunday 1 September	11.00am	Morning Worship
Sunday 8 September	11.00am	Benefice Service
Sunday 15 September	11.00am	Holy Communion
Sunday 22 September	11.00am	Service at Rendcomb Church
Sunday 29 September	11.00am	Benefice Service at Stratton Church

**Do you enjoy drawing and painting?**

Are you free on Thursday mornings? Then come and join our friendly group in Elkstone Village Hall. We meet between 9am and 1pm but you don't have to do all four hours or even every Thursday. Each week we decide as a group what the topic will be and sometimes suggest a medium, but this is only a suggestion. If you have a burning desire to do something else, then that's fine too. Don't worry if you haven't done much art for a while, we are all very happy to share our knowledge and suggestions. We also book an artist occasionally to lead us in a workshop. All this, plus coffee and biscuits for just £10 a session.

All you need to bring is some art materials and your enthusiasm. Just come along to the hall. Or, if you would like to know more first, please call **Penny Casewell** on **03330 119663**.

### **Bowls**

When I first joined, I was enthusiastic, but hopeless. I persevered and I can now say, that while the hopelessness comes and goes, the enthusiasm remains.

Learning not to hurl the bowls through the front wall of the Village Hall has taken restraint, which even now can relapse in time of stress. Trying to keep the bowls on the mat and a shout of 'Feet' going up to avoid spectators broken ankles, is not uncommon. I won't say that I have improved beyond recognition - and neither would anyone else - but I have relaxed - a bit.

This is entirely due to the friendliness and kindness of members who very quickly stopped gnawing the mat when I was drawn to play with them, who are always ready with advice, no longer through gritted teeth, and will cheer if I get within a metre of the jack and who are a really lovely group.

I feel very fortunate to be part of it and if anyone feels they would like to try it, please do come along. Oh, and we celebrate birthdays, and, sometimes, just celebrate!

**Come and join us every Tuesday at 7.30pm**

### **Yoga with Emma**

Emma is a Yoga Teacher based in The Cotswolds, with over three years of teaching experience and many more as a practicing yogi.

Emma is passionate about making yoga accessible to people of all levels and beginners are most welcome to her classes. Emma will guide you to listening to your own needs and offer options so that you can adapt as feels fitting. The emphasis will be on meeting ourselves with awareness and kindness, through both movement and stillness, as well as exploring how we extend this into our everyday lives. And here's a breathwork practice to share with everyone too, it's Alternate Nostril Breathing;

<https://youtu.be/59SXBqWmiNo?si=pl5pBTMSBqlyqs3W>

**Yoga is on Monday 2nd and 9th September, and then on Wednesdays from 18th September. Emma will also be running a session on Sunday 15th September 10.00 – 11.00am.**

### **Ride and Stride Saturday 14 September**

#### **Gloucestershire Historic Churches Trust**

Instead of the bike ride advertised in the Newsletter last month, Carole and Ronnie will be taking part in some of the walk organised by Revd Janet.

Starting at Elkstone Church (leaving 8.30am) to Winstone, Duntisbourne Abbots, Duntisbourne Rouse, Daglingworth, Bagendon and North Cerney (9 miles).

Stopping at Bagendon for lunch. Please contact [janet.cv@anderson-mackenzie.co.uk](mailto:janet.cv@anderson-mackenzie.co.uk) if you need any more details of this complete walk.

Carole and Ronnie will return back to Elkstone via Syde Church after Winstone Church. A walk of about 5 miles.

Details from **Carole**

[carolebury@hotmail.com](mailto:carolebury@hotmail.com)

01242 870493

**From BBC Local News, Gloucestershire:**

### **Council apologises amid missed bin collection 'chaos'**

Council leaders have apologised for the "unacceptable delays" in rubbish collections, which some claim has caused "complete chaos".

Cotswold District Council announced plans earlier this year "to improve waste collection efficiency" by changing the service's routes for 60% of households.

After the changes were rolled out, Elkstone resident Anne Davies said her bins were missed for almost four consecutive weeks.

Deputy leader Mike Every apologised for the delays, adding crews were returning "as quickly as possible" and additional workers had been drafted in.

Councillor Julia Judd said those who subscribe to the green bin service for garden waste, which is not covered by council tax, are "particularly irate" as the rotting vegetation is causing "undesirable issues" for some.

She also raised concerns about bins becoming infested with "flies and maggots" in the summer heat.

The new collection rounds began on 24 June and were implemented to reduce costs by £375,000 during the current financial year, and some £500,000 thereafter.

Council leaders promised residents they would continue to receive the same level of service.

But Anne said garden bins in Elkstone were "blocking" narrow lanes after several missed collections.



The resident said it was "up to a villager" to contact Ubico, the council's contractor for the area's bins, about missed collections.

Residents of Elkstone have had a number of missed garden waste collections.

"It was just complete chaos, we're not very thrilled".

"If they're going to miss them, they should stick to the three-day deadline, they shouldn't leave them out in the road like they have here for almost four weeks," Anne added.

Despite an apology from the district council, Anne has "no hope at all" things will improve.

"I have a garden which I love, it's always very well received on open garden day.

"My bins were absolutely full and for a fortnight I couldn't put anything more in them, so I wasn't able to do my garden," she said.

Ms Judd, councillor for the Ermin ward, has been receiving emails from "angry" residents since 3 July.

"Some of the incidents I have reported to Cotswold District Council have been resolved quickly, but it is a bit like 'whack the rat', as one area is collected, another one isn't," she said.

"Of course, it's a good thing for the council and Ubico to find economies, but the delivery of this plan is disappointing."

#### **Let us know**

Mr Every continued: "If householders have already reported a missed collection to us, we'd like to assure them that our crews will be returning.

"If anyone has not had their collection made as expected, and not yet reported this to us, we'd urge them to let us know as soon as possible. The easiest way to do this is online," he said.

## **2024 Paris Olympics**

Team GB finished the 2024 Olympics with a medal haul of 65 medals. Our athletes achieved 14 golds, 22 silvers and 29 bronzes. We finished in 7<sup>th</sup> place in the medal table, which only takes account of gold medals. If the table used total medals, Team GB would have been at number three behind China and the United States.

We had four athletes from Gloucestershire at the Olympics:

**Laura Collett** - equestrian

**Thomas George** - rowing

**Alex Cahoon** - swimming

**Flora Peel** - hockey

**Laura** won the first Gold Medal for Team GB with the eventing team, made up of Rosalind Canter and Tom McEwen, who is also based at Gloucestershire's Gatcombe Estate.

She also won bronze on her horse London 52 in the individual eventing.

**Thomas** and his rowing partner Oliver Wynne-Griffith were narrowly beaten in the men's pairs final by Croatia and had to settle for a silver medal.

**Alex** competed in both the men's 50-metre freestyle heats and 4x100-metre freestyle relay final, finishing both events in 5th place.

**Flora** and the UK Women's Hockey Team progressed to the quarter finals, where they were beaten 3-1 by the Netherlands.

## **Paralympic Games**

Following the Olympics, France will host its first ever Summer Paralympic Games from 28 August - 8 September 2024. The programme will include 22 sports and 549 events.

ParalympicsGB has confirmed that 215 athletes will participate at the 2024 Paralympic Games – with 46 per cent female, the highest ever proportion.

ParalympicsGB will be represented in 19 of the 22 Paralympic sports that make up the Games schedule, while Para cycling, canoeing, and rowing will all have their largest squads ever in the French capital.

13-year-old [Iona Winnifrith](#), is the youngest member of the ParalympicsGB team and one of 14 teenagers overall.

The eldest athlete on the team for Paris is 54-year-old Para canoe multiple medallist [Jeanette Chippington](#), who will compete at her eighth Games since making her debut in Para swimming at Seoul 1988.

**Full coverage will be on Channel 4**

## **Jessie's Nature Notes**

Autumn coming reminds me of two occasions when I have seen the full moon setting in the west at the same time as the sun rises in the east. Behold the beauties of the heavens with ever changing cloud formations and the beauty of the sky.

Years ago, there was a spectacular aurora borealis covering the whole sky with bright colour and I have never seen it since. It was probably quite rare in Gloucestershire.

Another memorable occasion was sitting in a deckchair in the garden when men were walking unseen above.

At this time of year after dark the twittering of migrating birds can be heard overhead and sometimes the honking of geese. These are your country bonuses for looking and listening. Jessie.